

# PROCLAMATION

**WHEREAS** CMHA Mental Health Week promotes mental health awareness through education campaigns, activities, and events in Dauphin and offers practical ways to maintain and improve mental health and support recovery from mental health problems and illnesses;

**AND WHEREAS** the Canadian Mental Health Association encourages everyone to Get Loud for mental health — to speak up and take action to improve mental health for all Canadians;

**AND WHEREAS** increased awareness and understanding of mental health will promote the use of mental health services and supports and ensure Canadians with mental health problems and illnesses are afforded the opportunity to recover;

**AND WHEREAS** the Canadian Mental Health Association actively supports and encourages good mental health in all aspects of our lives, during CMHA Mental Health Week and throughout the year;

**NOW, THEREFORE, WE THE COUNCIL OF THE  
CITY OF DAUPHIN  
DO HEREBY PROCLAIM**

**MAY 6TH TO 12TH, 2019**

**AS**

**CMHA MENTAL HEALTH WEEK**

I encourage all citizens to join me and Get Loud for mental health.

DATED at the City of Dauphin, in the Province of Manitoba,  
this 23rd day of April 2019



Allen Dowhan  
Mayor